Overview of the Medi-Cal Mental Health Delivery System

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CBHDA President Elect
Current County Systems

- 56 counties + 2 city plans
- Most counties operate as integrated “Behavioral Health Systems” and manage the mental health and substance use disorder (SUD) benefit out of a single department
- We are a “carved out benefit”
Delivery Systems

• Counties operate a network of providers that includes county staff and contracted agencies (typically non-profits).
• More rural counties often only have county staff providing services.
• Larger Counties tilt towards more contracted provider services.
Who is eligible for County Services

**County MH:** Prevention

**County MH:** Medi-Cal Managed Care Plans: Mild/Moderate Services

**County MH:** Services to the moderately mentally ill

**County MH:** Services to the severely mentally ill

For substance use services counties are responsible for the full spectrum from prevention to intensive residential treatment.
Reimbursement Basics:
We bill per minute (or per unit of service for SUD)

Each person has a Medi-Cal aid code that determines the % of the service cost that is eligible for federal reimbursement

0% 50% 94% 94% 0% 50% 88% 50% 50% 0%
California County Behavioral Health Funding
California counties receive over $8 billion in funds annually for behavioral health.* The money comes from a variety of sources.

1. Federal Mental Health Medicaid Matching Funds $3.04 billion
2. Mental Health Services Act $1.77 billion
3. 2011 Realignment $1.39 billion
4. 1991 MH Realignment $1.31 billion
5. Federal SAPT Block Grant $225.6 million
6. Other (MH Block Grant, County MOE, County GF) $212.8 million
7. Federal SUD Medicaid Matching Funds $190.5 million
8. State General Fund $14.7 million

*Amounts based on FY16/17 Estimated Behavioral Health Funding.

Does not reflect projected increases in federal matching funds and state general fund spending on SUD services under the DMC-ODS (lines 7 and 8).
Specialty Mental Health Services Provided

• Prevention
• Assessment
• Case Management
• Mental Health Counseling Rehabilitation
• Full Service Partnerships “Whatever it takes”
• Crisis Intervention
  • In emergency departments
  • In the community
  • In partnership with law enforcement teams.
• Inpatient Services
• Residential Services (Placements up to State Hospitals)
Specialty Mental Health Services Provided to Children

- Early Intervention Services (0-5) often in partnership with First Five groups
- School Based Mental Health Services
- Services In Partnership with Social Services to children in placement; we conduct family assessment and mental health services to support the reunification process
- Mental Health services to kids in placement
- Services to the Juvenile Justice population (both prevention and intervention)
- Transition age youth specific services and services geared to support the LGBTQ youth
Additional Publicly Funded BH Services For Adults

- Community Based Homeless Outreach
- Mental Health & SUD services for the CalWORKs population
- Consumer Wellness Centers
- Supportive Housing
- State Hospitals, IMD placements
- Payment “patches” to board and care facilities
- State Hospital Services
- Substance Use Disorders:
  - Prevention & early intervention
  - Individual and group counseling
  - Residential Substance use treatment
  - Medication assisted treatment
  - *Additional services (e.g. case management and recovery services) in DMC-ODS waiver counties
One County Example:

HHSA Mental Health Levels of Care

<table>
<thead>
<tr>
<th>Levels of Care</th>
<th>Number of Clients</th>
<th>Cost Per Client</th>
<th>Total Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>STATE HOSPITALIZATION</td>
<td>3</td>
<td>$189,886.67</td>
<td>$569,660.01</td>
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<tr>
<td>INSTITUTIONS FOR MENTAL DISEASE</td>
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<td>$55,460.79</td>
<td>$2,773,039.43</td>
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<tr>
<td>RESIDENTIAL, DAY TREATMENT, GROUP HOMES, BOARD &amp; CARE</td>
<td>137</td>
<td>$9,174.37</td>
<td>$1,256,888.96</td>
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<tr>
<td>SHORT TERM HOSPITALIZATION</td>
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<td>$8,388.33</td>
<td>$2,935,917.12</td>
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<tr>
<td>OUTPATIENT</td>
<td>2793</td>
<td>$4,134.03</td>
<td>$11,546,356.59</td>
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<tr>
<td>PREVENTION &amp; EARLY INTERVENTION</td>
<td>10,130</td>
<td>$132.14</td>
<td>$1,338,578.20</td>
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</tbody>
</table>

* Data does not reflect Managed Care Offset of $472,843.28
Key Partners: We thrive through collaboration

People can enter services through open access clinics, calling a central call number to schedule an assessment, or through the doors we open by providing services with our key partners:

- School Based Mental Health
- Child Welfare
- Probation
- Primary Care Integration efforts
Where:

- Many of our services are provided at home, or in other community based settings such as:
  - Schools
  - Targeted community based outreach to the homeless population
  - In collaboration with key partners (at probation offices)
  - Reverse Integration Primary Care Clinics
- Counties and our contract providers cover the entire geography of the county and are subject to managed care time and distance standards.
Questions?

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